





## presents

# 11th Annual Addiction & Compulsive Behaviors Symposium

October 21, 2017 Registration 7:30 am Program 8:00 am to 2:30 pm Baptist Health Paducah Carson-Myre Heart Center Auditorium 2501 Kentucky Avenue Paducah, Kentucky

Faculty

Brian Fingerson, BS Pharmacy, RPh, FAPhA Heather R. Hayes, M.Ed., LPC, CIP, CAI Van L. Ingram Hatim A. Omar, MD, FAAP Erica Sarr, PsyD, M.Ed.

Moderator
Patrick Withrow, MD, FACC, FSCAI

**OBJECTIVES:** *Upon completion of this activity, participants will be able to:* 

## Youth Suicide Prevention: Everybody's Business Hatim A. Omar, MD, FAAP

Dr. Omar has no financial relationships to disclose.

- 1. Review the epidemiology of youth suicide.
- 2. Describe the factors contributing to youth suicide.
- 3. Discuss ways to help prevent youth suicide.

## Adolescent and Young Adult Continuum of Care: Increasing Engagement and Decreasing Trauma Heather R. Hayes, M.Ed., LPC, CIP, CAI

Heather Hayes has no financial relationships to disclose.

- 1. Describe the differences in the addicted young adult/adolescent.
- 2. Discuss techniques to assist in crisis situations that may occur during an intervention specific to young adults/adolescents.
- 3. Discuss co-occurring disorders that must be considered during the intervention and in treatment placement for young adults and adolescents.

#### Kentucky's Evolving Response to the Opioid Epidemic

#### Van L. Ingram (Executive Director for the Kentucky Office of Drug Control Policy)

Van Ingram has no financial relationships to disclose.

- 1. Review the history of the opioid epidemic
- 2. Discuss efforts to reduce the epidemic.
- 3. Review tools available to resolve the opioid epidemic.

### **Relapse or Relapse Prevention: A Choice**

#### Brian Fingerson, BS Pharmacy, RPh, FAPhA

Brian Fingerson has no financial relationships to disclose.

- 1. Describe the six most common reasons for relapse in health care professionals.
- 2. Define psychiatric factors that can increase the potential for relapse.
- 3. Describe back-to-work issues, that when addressed, can promote success in maintaining sobriety.
- 4. Define individual characteristics that statistically increase potential for relapse.

# Mind Games - Considering Video Games and Mental Health Erica Sarr, PsyD, M.Ed

Erica Sarr has no financial relationships to disclose.

- 1. Describe three types of video games and the defining aspects of each.
- 2. Describe the differences between content and delivery factors in motivation for video game play.
- 3. List four questions to use when querying a client about potentially problematic video game usage.

#### **Moderator**

#### Patrick J. Withrow, MD, FACC, FSCAI

Dr. Withrow has no financial relationships to disclose.

#### SPECIAL ACCOMMODATIONS

All facilities are accessible to persons with disabilities. Please call the Education Department at Baptist Health Paducah at 270.575.2723 to describe your special needs. In order to assure accommodation, please call at least five days prior to the activity.

#### TARGET AUDIENCE

Physicians, Physician Assistants, Nurse Practitioners, Nurses, Licensed Professional Counselors, Psychologists, Licensed Marriage and Family Therapists, Substance Abuse Counselors, Licensed Social Workers, Clergy, and other interested healthcare professionals.

#### **AGENDA**

7:30 am	Registration
8:00 am	Welcome & Introductions
	Patrick Withrow, MD, FACC, FSCAI
8:15 am	Youth Suicide Prevention: Everybody's Business
	Hatim A. Omar, MD, FAAP
9:15 am	Adolescent and Young Adult Continuum of Care: Increasing Engagement and Decreasing Trauma
	Heather R. Hayes, M.Ed., LPC, CIP, CAI
10:15 am	Break
10:30 am	Kentucky's Evolving Response to the Opioid Epidemic
	Van L. Ingram (Executive Director for the Kentucky Office of Drug Control Policy)
11:30 am	Lunch provided
12:15 pm	Relapse or Relapse Prevention: A Choice
	Brian Fingerson, BS Pharmacy, RPh, FAPhA
1:15 pm	Break
1:30 pm	Mind Games- Considering Video Games and Mental Health
	Erica Sarr, PsyD, M.Ed.
2:30 pm	Evaluation and Wrap Up

#### CONTINUING MEDICAL EDUCATION

Baptist Health Paducah is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. Baptist Health Paducah designates this educational activity for a maximum of 5.25 AMA PRA *Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity. The Kentucky Board of Medical Licensure has approved this course for 3 HB1 credit hours.

#### CONTINUING EDUCATION

Approved for 6.3 contact hours. KBN provider number 4-0076-12-18-082 expiration date December 31, 2018. To receive Continuing Education credit, the participant must sign the roster and provide his/her license number. Anyone attending this program for credit must attend the entire workshop and complete an evaluation of the offering. Participants arriving after the program begins will not receive Continuing Education credit.

Approved by the Kentucky Board of Social Work for 6.3 CEU contact hours, Sponsorship KBSWSP 2016045, Expiration Date January 11, 2018.

#### Approval pending by the following agencies:

- Kentucky Board of Licensed Professional Counselors
- Kentucky Association of Licensed Marriage and Family Therapists (KY LMFT Board)
- Kentucky Physical Therapy Association
- Kentucky Board of Licensure for Occupational Therapy (KBLOT)
- Kentucky Board of Alcohol & Drug Counselors
- Kentucky Board of Examiners of Psychology

BAPTIST HEALTH PADUCAH EDUCATION DEPARTMENT 2501 KENTUCKY AVENUE PADUCAH KY 42003-3200 Nonprofit Org U.S. Postage Paid Paducah, KY Permit No. 10



Space is limited. To register, phone Sherry by October 18 at 270.575.2723 or email sjones@bhsi.com

Activity Fee for All Participants: \$60.00 Paid in Advance \$75.00 at the Door

Mail payment to:
Sherry Jones
Baptist Health Paducah
2501 Kentucky Ave.
Paducah, Ky. 42003
Check payable to Baptist Health Paducah

In the event of provider cancellation, all fees will be refunded. Participants canceling registration within three business days will be forfeited unless there are exceptional circumstances. Cancellations made October 18 or before will receive a full refund.