

# KY CDC Recognized Diabetes Prevention Program (DPP) Organization List Alphabetical Order

This information retrieved December 2017, for updates: <http://www.cdc.gov/diabetes/prevention/recognition/states/Kentucky.htm>

Learn How to Become a CDC Diabetes Prevention Recognized Program (DPRP): [www.cdc.gov/diabetes/prevention/recognition/index.htm](http://www.cdc.gov/diabetes/prevention/recognition/index.htm)

**November / December 2017 (55 organizations serving 82 counties)**

**12 Organizations Have Achieved Full Recognition from CDC**

DPP organizations are listed from the CDC website by physical location of “recognized organization”.

DPP organizations listed in alphabetical order (contact the coordinator listed for meeting location and schedules).

“Provided in” means provider is willing to offer DPP onsite in that county.

Achieved Full CDC Recognition (NEW)	New Organizations Listed on CDC Site	Organization No Longer Listed on CDC Site	New Counties Covered	Counties No Longer Covered	Updates Made to Existing Organizations
None	None	<ul style="list-style-type: none"> <li>Franklin County Health Department</li> <li>Hope Health Clinic</li> <li>Jessamine County Health Department</li> <li>Pennyrile District Health Department</li> </ul>	None	<ul style="list-style-type: none"> <li>Caldwell County</li> <li>Crittenden County</li> <li>Trigg County</li> </ul>	<ul style="list-style-type: none"> <li>Barren River District Health Department</li> <li>Bluegrass Area Agency on Aging &amp; Independent Living</li> <li>Johnson County Health Department</li> <li>Kentucky River District Health Department</li> <li>Madison County Health Department</li> </ul>

## Allen County Health Department

Participation only open to Kentucky Employee Health Plan (KEHP) members.

(provided in Allen County)

107 N Court St  
Scottsville, KY 42164

Amy Meador [amy.meador@ky.gov](mailto:amy.meador@ky.gov)

270.237.4423 Ext 103

Carolyn Richey [carolyns.richey@ky.gov](mailto:carolyns.richey@ky.gov)

270.237.4423 Ext 109

## Balanced Wellness LLC

**ONLINE CLASSES ALSO AVAILABLE**

(provided in Bullitt, Jefferson, and Shelby counties)

1313 Lyndon Ln #108  
Louisville, KY 40245

Terry Gehrke [tag@balancedwellnessky.com](mailto:tag@balancedwellnessky.com)

502.716.7773 or 502.716.7333

## Baptist Health Lexington

Baptist Health Kentuckiana / Central

**ACHIEVED FULL CDC RECOGNITION**

- Baptist Health Lexington

(provided in Fayette and Madison counties)

1740 Nicholasville Rd  
Lexington, KY 40503

Kathleen Stanley [kstanley@bhsi.com](mailto:kstanley@bhsi.com)

859.260.5122

- Baptist Health Corbin

Participation only open to Baptist Health Corbin employees.

(provided in Knox, Laurel, and Whitley counties)

95 Bryan Blvd Ste 102  
Corbin, KY 40701

Linda J Mills [lmills2@bhsi.com](mailto:lmills2@bhsi.com)

606.523.8549

Debbie Scarberry [dscarber@bhsi.com](mailto:dscarber@bhsi.com)

606.528.1212

## Baptist Health Louisville

Baptist Health Kentuckiana / West

- Baptist Health Louisville

(provided in Jefferson County)

4000 Kresge Way  
Louisville, KY 40207

Ronda Merryman-Valiyi [ronda.merryman-valiyi@bhsi.com](mailto:ronda.merryman-valiyi@bhsi.com)

502.897.8831

- Baptist Health LaGrange

(provided in Oldham County)

1025 New Moody Ln  
LaGrange, KY 40031

Carry Doyle [carry.doyle@bhsi.com](mailto:carry.doyle@bhsi.com)

502.222.3344

- Baptist Health Paducah

(provided in McCracken County)

Participation only open to Baptist Health Paducah employees.

2501 Kentucky Ave  
Paducah, KY 42003

Kathy West [kwest1@BHSI.com](mailto:kwest1@BHSI.com)

270.575.2282

## Barren River District Health Department

(provided in Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson, and Warren counties)

1109 State St  
Bowling Green, KY 42101

Diane Sprowl [Diane.Sprowl@barrenriverhealth.org](mailto:Diane.Sprowl@barrenriverhealth.org)

270.781.8039 Ext 157

### Bluegrass Area Agency on Aging & Independent Living

*(provided in Fayette, Garrard, Jessamine counties)*

699 Perimeter Dr  
Lexington, KY 40517

**Lydia M. Jacobs** [lydmjac@gmail.com](mailto:lydmjac@gmail.com)  
859.269.8021 Ext 232

### Bracken County Health Department

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Bracken, and Lewis counties)*

429 Frankfort, St  
Brooksville, KY 41004

**Donna Teegarden** [donnas.teegarden@ky.gov](mailto:donnas.teegarden@ky.gov)  
606.735.2157 Ext 225

### Bullitt County Health Department

**Classes to begin approximately January 2018.**

*(provided in Bullitt County)*

181 Lees Valley Rd  
Shepherdsville, KY 40165

**Marci Flechler** [Marcia.flechler@ky.gov](mailto:Marcia.flechler@ky.gov)  
**Teresa Murphy** [Teresad.murphy@ky.gov](mailto:Teresad.murphy@ky.gov)  
502-955-7837

### Carter County Health Department

*(provided in Carter County)*

300 W Main St  
Grayson, KY 41143

**Anna C. Hamilton** [AnnaM.conn@ky.gov](mailto:AnnaM.conn@ky.gov)  
606.474.5109

**Rita Sexton** [RitaJ.Sexton@ky.gov](mailto:RitaJ.Sexton@ky.gov)  
606.474.6685

### Clark County Health Department

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Clark County)*

400 Professional Ave  
Winchester, KY 40391

**Amy W. Williams** [AmyW.Williams@ky.gov](mailto:AmyW.Williams@ky.gov)  
859.744.4482

### Clay County Health Department – in cooperation with Cumberland Valley District Health Department

*(provided in Clay County)*

330 Shamrock Rd  
Manchester, KY 40962

**Tracie Grubb** [traciel.grubb@ky.gov](mailto:traciel.grubb@ky.gov)  
606.598.2425

**Christie Green** [Christiel.green@ky.gov](mailto:Christiel.green@ky.gov)  
606.598.2425

### Coach Shellie's Healthy Lifestyle Program

**ACHIEVED FULL CDC RECOGNITION**

**ONLINE CLASSES ALSO AVAILABLE**

*(provided in Anderson, Franklin, Owen, Scott, Shelby, and Woodford counties)*

245 Beechwood Ave  
Frankfort, KY 40601

**Shellie Wingate** [shellie.wingate@gmail.com](mailto:shellie.wingate@gmail.com)  
502.682.5079

### Diabetes and Nutrition Management of Bardstown

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Marion and Nelson counties)*

★ 700 Portland Ave. Ste B  
Bardstown, KY 40004

**Denise Barnett** [dbdiabetesed@gmail.com](mailto:dbdiabetesed@gmail.com)  
502.349.0160 or 502.460.1143

### Diabetes Resource Center of Hopkinsville

*(provided in Christian County)*

530 Noel Ave  
Hopkinsville, KY 42240

**Theresa Clark** [clark\\_t@bellsouth.net](mailto:clark_t@bellsouth.net)  
270.707.0060

### Estill County Health Department

*(provided in Estill County)*

365 River Dr  
Irvine, KY 40336

**Courtney Barnes** [courtneyp.barnes@ky.gov](mailto:courtneyp.barnes@ky.gov)  
606.723.5181 Ext 241

### Floyd County Health Department

*(provided in Floyd, Johnson, Magoffin, and Martin counties)*

283 Goble St  
Prestonsburg, KY 41653

**Thursa Sloan** [thursac.sloan@ky.gov](mailto:thursac.sloan@ky.gov)  
606.886.2788 Ext 238

### Gateway District Health Department

*(provided in Bath, Menifee, Morgan, and Rowan Counties)*

56 Treadway Dr  
Owingsville, KY 40360

**Jamie Francis** [jamier.francis@ky.gov](mailto:jamier.francis@ky.gov)  
606.674.6396 Ext. 26

**Jessica Lykins** [jessicas.lykins@ky.gov](mailto:jessicas.lykins@ky.gov)  
606.674.6396 Ext 25

### Graves County Health Department

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Graves County)*

416 Central Ave  
Mayfield KY 42066

**Cynthia Hopper** [cynthias.hopper@ky.gov](mailto:cynthias.hopper@ky.gov)  
270.247.3553 Ext 227

### Holy Spirit Catholic Church

*(provided in Warren County)*

4754 Smallhouse Rd  
Bowling Green, KY 42104

**Maire Blankenship** [hscchealthyliving@gmail.com](mailto:hscchealthyliving@gmail.com)  
270.842.7777 or 270.991.5212

### Humana Inc

**Participation only open to internal associates (Humana employees).**

*(provided in Jefferson County)*

500 W Main St  
Louisville, KY 40202

**Amanda Blanton** [ablanton@humana.com](mailto:ablanton@humana.com)  
**Elona DeGooyer** [edegooyer@humana.com](mailto:edegooyer@humana.com)  
**Ryan Igleheart** [ringleheart@humana.com](mailto:ringleheart@humana.com)  
800.486.2620

## Johnson County Health Department

*(provided in Johnson County)*

630 James Trimble Blvd.

Paintsville, KY 41240

**Interim Contact: Julie Bush** [juliea.bush@ky.gov](mailto:juliea.bush@ky.gov)

606.789.2590

## Juniper Health

*(provided in Breathitt, Lee and Wolfe counties)*

141 Main St.

Beattyville, KY 41311

**Missy Begley** [missy.begley@juniperhealth.org](mailto:missy.begley@juniperhealth.org)

**Bridget Turner** [bridget.turner@juniperhealth.org](mailto:bridget.turner@juniperhealth.org)

606.464.0151

## KC Wellness Inc

**Participation only open to KC Wellness “employee groups” or Kentucky Employee Health Plan (KEHP) members.**

*(provided in Anderson, Bourbon, Bullitt, Clark, Fayette, Franklin, Harrison, Hopkins, Jefferson, Jessamine, Madison, Scott, and Woodford counties)*

824 Euclid Ave Ste 101

Lexington, KY 40502

**Kacy Allen-Bryant** [kacyab@kcwell.com](mailto:kacyab@kcwell.com)

859.269.9934 or 877.634.1412

## KentuckyOne Health Diabetes & Nutrition Care

- **KentuckyOne Health Diabetes & Nutrition Care St. Joseph Hospital**

*(provided in Fayette County)*

1594 Harrodsburg Rd

Lexington, KY 40504

**Janelle Schnake** [janelleschnake@sjhlex.org](mailto:janelleschnake@sjhlex.org)

859.313.2595

- **KentuckyOne Health Diabetes & Nutrition Care St. Joseph East**

*(provided in Fayette County)*

120 N Eagle Creek Dr Ste 321

Lexington, KY 40509

**Claudia Burnett** [campbecl@sj.e.sjhlex.org](mailto:campbecl@sj.e.sjhlex.org)

859.967.5653

- **KentuckyOne Health Diabetes & Nutrition Care St. Joseph Jessamine**

*(provided in Jessamine County)*

1250 Keene Rd

Nicholasville, KY 40356

**Janelle Schnake** [janelleschnake@sjhlex.org](mailto:janelleschnake@sjhlex.org)

859.313.2595

## Kentucky River District Health Department

*(provided in Knott, Lee, and Perry counties)*

441 Gorman Hollow Rd

Hazard, KY 41701

**April Sandlin** [april.sandlin@ky.gov](mailto:april.sandlin@ky.gov)

606.785.3144

## King’s Daughters Medical Center

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Boyd, Carter, Elliott, Greenup, and Lawrence counties)*

2201 Lexington Ave

Ashland, KY 41101

**Kim Bayes** [kim.bayes@kdmc.kdhs.us](mailto:kim.bayes@kdmc.kdhs.us)

606.408.1560

## Kroger Pharmacy

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford counties)*

★ 3175 Beaumont Centre Circle

Lexington, KY 40513

**Brooke Hudspeth** [brooke.hudspeth@kroger.com](mailto:brooke.hudspeth@kroger.com)

859.373.0841 or 859.806.0310

## Lake Cumberland District Health Department

*(provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne counties)*

500 Bourne Ave

Somerset, KY 42501

**Jamie Lee** [jamiel.lee@lcdhd.org](mailto:jamiel.lee@lcdhd.org)

606.678.4761 or Toll Free: 800.928.4416

## Lawrence County Health Department

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Lawrence County)*

1080 Meadowbrook Ln

Louisia, KY 41230

**Ashley E. Wilks** [ashleye.wilks@ky.gov](mailto:ashleye.wilks@ky.gov)

606.638.4389

## Lewis County Primary Care Center dba Primary Plus

*(provided in Bracken, Fleming, Lewis, and Mason counties)*

927 Kenton Station Dr

Maysville, KY 41056

**Danielle Eisenhauer** [waymeyerd@primaryplus.net](mailto:waymeyerd@primaryplus.net)

**Kacy Massie** [massiek@primaryplus.net](mailto:massiek@primaryplus.net)

606.759.0014

## Lexington-Fayette County Health Department

*(provided in Fayette County)*

★ 2433 Regency Rd

Lexington, KY 40503

**Tara Mason** [taral.mason@ky.gov](mailto:taral.mason@ky.gov)

859.288.2347

**Carol Hisle** [carolr.hisle@ky.gov](mailto:carolr.hisle@ky.gov)

859.288.2310

## Madison County Health Department

*(provided in Madison County)*

216 Boggs Ln

Richmond, KY 40475

**Elaine Waters** [Elaine.waters@ky.gov](mailto:Elaine.waters@ky.gov)

859.623.3462

**Margaret Maupin-Story** [maem.maupin@ky.gov](mailto:maem.maupin@ky.gov)

859.623.3462

### **Martin County Health Department**

*(provided in Martin County)*

136 Rockcastle Rd  
Inez, KY 41224

**Sheila Howell** [sheila.howell@ky.gov](mailto:sheila.howell@ky.gov)  
606.298.7752 or 606.298.7753

### **McDowell Wellness Center**

*(provided in Boyle County)*

1107 Ben Ali Dr  
Danville, KY 40422

**Dee Minor** [dcoffey@emhealth.org](mailto:dcoffey@emhealth.org)  
859-936-7200

**Janet Fluty** [jfluty@emhealth.org](mailto:jfluty@emhealth.org)  
859-936-7225

### **Mercer County Health Department**

*(provided in Mercer County)*

900 N College St  
Harrodsburg, KY 40330

**Kathy Crown-Weber** [kathlyn.crown-weber@ky.gov](mailto:kathlyn.crown-weber@ky.gov)  
859.734.4522 Ext 134

### **Methodist Hospital, Prevention and Wellness Services**

- **Methodist Hospital Henderson**

*(provided in Henderson County)*

110 Second St  
Henderson, KY 42420

**Emily Smith** [esmith1@methodisthospital.net](mailto:esmith1@methodisthospital.net)  
270.826.4646

**Linda Gabe** [lgabe@methodisthospital.net](mailto:lgabe@methodisthospital.net)  
270.826.4646

- **Methodist Hospital Union County**

*(provided in Union County)*

4604 US Hwy 60 W  
Morganfield, KY 42437

**Rhonda Robinson** [rrobinson@methodisthospital.net](mailto:rrobinson@methodisthospital.net)  
270.389.5088

**Emily Smith** [esmith1@methodisthospital.net](mailto:esmith1@methodisthospital.net)  
270.826.4646

### **Montgomery County Health Department**

*(provided in Montgomery County)*

117 Civic Center  
Mount Sterling, KY 40353

**Annie Michelle Hill** [AnnieM.Hill@ky.gov](mailto:AnnieM.Hill@ky.gov)  
859.497.2448

### **Morgan County Cooperative Extension FCS Program**

*(provided in Morgan County)*

1002 Prestonsburg St  
West Liberty, KY 41472

**Nellie Buchanan** [nbuchana@uky.edu](mailto:nbuchana@uky.edu)  
606.743.3292

### **North Central District Health Department**

*(provided in Shelby County)*

**Participation only open to Kentucky Employee Health Plan (KEHP) members who are school employees.**

1020 Henry Clay St  
Shelbyville, KY 40065

**Amanda Stoess** [AmandaN.Stoess@ky.gov](mailto:AmandaN.Stoess@ky.gov)  
502.633.1243

**Mona Huff** [monahuff616@gmail.com](mailto:monahuff616@gmail.com)  
502.845.6849

### **Our Lady of Bellefonte Hospital Diabetes and Wound Care Center**

*(provided in Greenup County)*

1000 Ashland Dr Ste G1  
Ashland, KY 41101

**Tawnia Jones** [tawnia\\_jones@bshsi.org](mailto:tawnia_jones@bshsi.org)  
606.833.4048

**Christy Morrison** [Christy\\_morrison@bshsi.org](mailto:Christy_morrison@bshsi.org)  
606.833.3126

### **Owensboro Health**

#### **One Health Clinical Integration Department**

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Daviess and Muhlenberg counties)*

★ 2401 New Hartford Rd  
PO Box 20007

Owensboro, KY 42303

**Amy Turley** [amy.turley@owensborohealth.org](mailto:amy.turley@owensborohealth.org)  
270.688.4459

**Beth Cecil** [beth.cecil@owensborohealth.org](mailto:beth.cecil@owensborohealth.org)  
270.688.3252

### **Paris-Bourbon County YMCA**

*(provided in Bourbon and Nicholas counties)*

917 Main St  
Paris, KY 40361

**Sabrina Gordon** [sgordon@parisbourbonymca.org](mailto:sgordon@parisbourbonymca.org)

**Keith Lenox** [klenox@parisbourbonymca.org](mailto:klenox@parisbourbonymca.org)  
859.987.1395

### **Pike County Health Department DPP**

**Participation only open to Kentucky Employee Health Plan (KEHP) members.**

*(provided in Pike County)*

119 River Rd  
Pikeville, KY 41501

**Erin Meade** [erind.meade@ky.gov](mailto:erind.meade@ky.gov)  
606.437.5500

### **Quad/Graphics♦ (listed on CDC DPP Online Registry under Wisconsin – International Headquarters)**

**Participation only open to Quad/Graphics employees, spouses, and dependents age 18 and over on the Quad/Graphics Health Plan.**

*(provided in Woodford County)*

100 US 60 Bypass  
Versailles, KY 40384

**Amanda Brown** [amandabrown@quadmedical.com](mailto:amandabrown@quadmedical.com)  
859.879.4400

**Paul Slack** [pslack@quadmedical.com](mailto:pslack@quadmedical.com)  
414.566.8307

## Restore the Temple

**Classes to begin approximately January 2018.**

*(provided in Barren County)*

204 North Race St  
Glasgow, KY 42141

**Lorie Hagan** [lorie@loriehaganrd.com](mailto:lorie@loriehaganrd.com)

270-299-5262

## Rockcastle County Health Department – in cooperation with Cumberland Valley District Health Department

*(provided in Rockcastle County)*

120 Richmond St  
Mt. Vernon, KY 40456

**Melinda Osborne** [melindaj.osborne@ky.gov](mailto:melindaj.osborne@ky.gov)

606.256.2242 Ext 118

**Christie Green** [Christiel.green@ky.gov](mailto:Christiel.green@ky.gov)

606-598-5564 Ext 116

## Rockcastle Regional Hospital and Respiratory Care Center in cooperation with Rockcastle Family Wellness

*(provided in Rockcastle County)*

145 Newcomb Ave  
Mount Vernon, KY 40456

**Angela Parsons-Woods** [a.woods@rhrcc.org](mailto:a.woods@rhrcc.org)

**Brianne Wells** [b.wells@rhrcc.org](mailto:b.wells@rhrcc.org)

606.256.5176

## The Medical Center – Health and Wellness Center

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Warren County)*

1857 Tucker Way Ste B  
Bowling Green, KY 42104

**Sarah Widener** [WideSE@chc.net](mailto:WideSE@chc.net)

270.796.6596 or 270.745.0942

## Todd County Health Department

*(provided in Todd County)*

205 McReynolds Dr  
Elkton, KY 42220

**Emily Ezell** [Emilym.ezell@ky.gov](mailto:Emilym.ezell@ky.gov)

270.265.2362 Ext 211

**Angela McKee** [Angela.mckee@ky.gov](mailto:Angela.mckee@ky.gov)

270.265.2362 Ext 201

## University of Kentucky, UK HealthCare Barnstable Brown Diabetes Prevention Program

**ACHIEVED FULL CDC RECOGNITION**

*(provided in Fayette County)*

830 South Limestone  
Lexington, KY 40536

**Jessica La Rue** [jessica.larue@uky.edu](mailto:jessica.larue@uky.edu)

859.323.5407

**Sheri Setser-Legg** [sheri.setser1@uky.edu](mailto:sheri.setser1@uky.edu)

859.323.5407

**Laura Hieronymus** [laura.hieronymus@uky.edu](mailto:laura.hieronymus@uky.edu)

## University of Louisville Physicians Diabetes and Obesity Center

*(provided in Jefferson County)*

401 E Chestnut St Ste 310  
Louisville, KY 40202

**Karen Beatty** [Karen.beatty@louisville.edu](mailto:Karen.beatty@louisville.edu)

**Beth Ackerman** [beth.ackerman@louisville.edu](mailto:beth.ackerman@louisville.edu)

502.588.4499

## Wedco District Health Department

**Participation only open to Kentucky Employee Health Plan (KEHP)  
members.**

**Classes to begin approximately Summer / Fall 2017.**

*(provided in Harrison, Nicholas, and Scott counties)*

302 Oddville Ave  
Cynthiana, KY 41031

**Amber Broaddus** [amberr.broaddus@ky.gov](mailto:amberr.broaddus@ky.gov)

859.588.7631

**April Thomas** [april.thomas@ky.gov](mailto:april.thomas@ky.gov)

859.588.5343

## YMCA of Central Kentucky

*(provided in Fayette, Franklin, Jessamine, and Scott counties)*

381 W Loudon Ave  
Lexington, KY 40508

**Corey Donohoo** [cdonohoo@ymcackey.org](mailto:cdonohoo@ymcackey.org)

270.556.6301

- **Frankfort YMCA**

*(provided in Franklin County)*

77 C Michael Davenport Blvd  
Frankfort, KY 40601

**Marcus McAlpin** [mmcalpin@frankfortymca.org](mailto:mmcalpin@frankfortymca.org)

502.382.0912

- **YMCA of Greater Cincinnati** ♦ *(listed on CDC DPP Online Registry  
under Ohio)*

### Healthy Living Branch

*(provided in Northern KY – Boone, Campbell, and Kenton counties)*

1105 Elm St  
Cincinnati, OH 45202

**Carrie Martin** [ydpp@myy.org](mailto:ydpp@myy.org)

513.362.9622 Ext 3309

- **YMCA of Greater Louisville**

*(provided in Bullitt, Clark, Floyd, Jefferson, and Oldham counties)*

545 S 2<sup>nd</sup> St  
Louisville, KY 40202

**Krista Burden** [kburden@ymcalouisville.org](mailto:kburden@ymcalouisville.org)

502.572.2608

★ **Contact information (address and phone) updated from what is  
listed on the CDC DPP Online Registry.**

♦ Denotes an out-of-state organization that offers DPP classes  
physically in a Kentucky county(s).

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**For more information regarding this listing contact:  
[Theresa.Renn@ky.gov](mailto:Theresa.Renn@ky.gov) or [Janice.Haile@ky.gov](mailto:Janice.Haile@ky.gov)**

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