



BAPTIST HEALTH
PADUCAH

**House Bill 1
Designation:
4.5 hours**

presents

13th Annual Addiction & Compulsive Behaviors Symposium

November 9, 2019
Registration 7:30 - 8:00 am
Program 8:00 am - 1:30 pm

Baptist Health Paducah
Barnes Auditorium located in the
Carson-Myre Heart Center
2501 Kentucky Avenue
Paducah, Kentucky

Faculty

Patrick Withrow, MD, FACC, FSCAI

Marta Miranda-Straub, MSW, LCSW

***Judge Tim Kaltenbach and Melynda Benjamin,
McCracken County Drug Court***

Panelist: Mark Fenske, PhD, and Janie Criner, MBA

OBJECTIVES

Upon completion of this activity, participants will be able to:

Resilience: The Biology of Stress and The Science of Hope

Video and Panel Discussion: Janie Criner, MBA, Executive Director, Child Watch Counseling & Advocacy Center/CASA of McCracken County;

Marta M. Miranda-Straub, MSW, LCSW, founder of Catapult Now LLC;

Mark Fenske, PhD, Morgan Elementary Principal

Patrick Withrow, MD, FACC, FSCAI;

Ms. Criner, Ms. Miranda-Straub, Dr. Fenske and Dr. Withrow have no financial relationships to disclose.

1. Define Adverse Childhood Experiences (ACEs).
2. Describe the effects of ACEs and the relationship with toxic stress vs resilience according to the ACE studies and subsequent research.
3. Recognize toxic stress as the largest public health issue of our generation.
4. Discuss how extremely stressful experiences in childhood alter brain development and can predict future health and behavior.
5. Recognize the concept of intergenerational transmission of toxic stress.
6. Identify field tested therapies that utilize a two generation approach to break the cycle of addiction, violence, and disease.
7. Discuss the role that healthcare providers, mental health professionals, and educators play in providing therapeutic outcomes.
8. Review available resources to build resilience and mitigate the effects of ACEs.

Kentucky Specialty Court Programs

Tim Kaltenbach, Chief Judge, Circuit Court of McCracken County

Melynda Benjamin, Drug Court Attorney

Judge Kaltenbach and Ms. Benjamin have no financial relationships to disclose.

1. Address the national and statewide problem-solving court model and its implementation and use in the local Kentucky judicial system.
2. Explain the effectiveness of the whole person approach for sustained long-term recovery through behavioral change management practices.
3. Discuss the research and current evidence based best practice standards developed for treatment court professionals.

It's a Family Affair: The Dynamics of Addiction/Recovery within the Family System

Marta M. Miranda-Straub, MSW, LCSW

Ms. Miranda-Straub has no financial relationships to disclose.

1. Identify the dynamics of addiction/recovery within a systems perspective.
2. Define family factors that increase the risks of addictions and promote long-term recovery.
3. Discuss strategies that facilitate systems change when working with families in recovery.
4. Review current research on addiction/recovery.

Vaping, Juuling, and Aerosolizing: The Good, The Bad, and The Ugly

Patrick Withrow, MD, FACC, FSCAI

Dr. Withrow has no financial relationships to disclose.

1. Differentiate the effects of vaping on the adolescent brain versus adult brain.
2. Describe lung injuries caused by vaping.
3. List other potential dangers of vaping.

2019 Charges:

\$60.00 Fee - Paid in Advance

\$30 Fee for Educators/School Counselors

\$75.00 Fee - at the Door

Continental Breakfast and Lunch Provided

SPECIAL ACCOMMODATIONS

All facilities are accessible to persons with disabilities. Please call the Education Department at Baptist Health Paducah at 270.575.2723 to describe your special needs. In order to assure accommodation, please call at least five days prior to the activity.

TARGET AUDIENCE

Physicians, Physician Assistants, Nurse Practitioners, Nurses, Licensed Professional Counselors, Psychologists, Licensed Marriage and Family Therapists, Substance Abuse Counselors, Licensed Social Workers, Clergy, Educators, School Counselors and other interested professionals.

AGENDA

- 7:30 am Registration & Continental Breakfast
 - 8:00 am Welcome & Introductions
Patrick Withrow, MD, FACC, FSCAI
 - 8:10 am Resilience: The Biology of Stress and the Science of Hope
Janie Criner, MBA; Marta M. Miranda-Straub, LCSW; Mark Fenske, PhD; Patrick Withrow, MD, FACC, FSCAI
 - 10:00 am Break
 - 10:15 am Kentucky Specialty Court Programs
Tim Kaltenbach, Chief Judge, Circuit Court of McCracken County
Melynda Benjamin, Drug Court Attorney
 - 11:00 am Lunch
 - 11:45 am It's a Family Affair: The Dynamics of Addiction/Recovery within the Family System
Marta M. Miranda-Straub, LCSW
 - 12:45 pm Vaping, Juuling, and Aerosolizing: The Good, The Bad, and The Ugly
Patrick Withrow, MD, FACC, FSCAI
 - 1:30 pm Evaluation and Wrap Up
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CONTINUING MEDICAL EDUCATION

Baptist Health Paducah is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. Baptist Health Paducah designates this educational activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim credit commensurate with the extent of their participation in the activity. The Kentucky Board of Medical Licensure has approved this course for 4.5 hours of HB1 credit.

CONTINUING NURSING EDUCATION

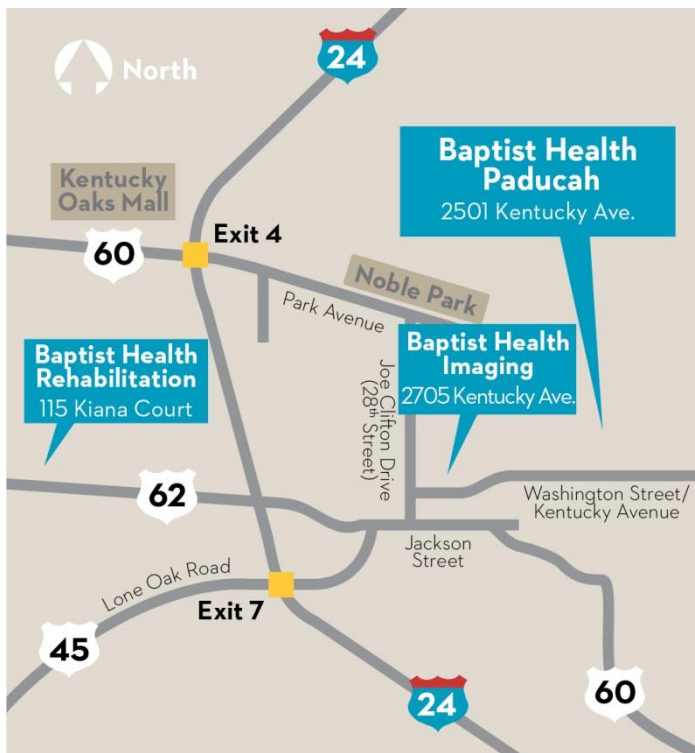
Approved for 5.2 contact hours. KBN provider number 4-0076-12-20; expiration date December 31, 2020. To receive Continuing Education credit, the participant must sign the roster and provide his/her license number. Anyone attending this program for credit must attend the entire workshop and complete an evaluation of the offering. Participants arriving after the program begins will not receive Continuing Education credit.

Approval pending by the following agencies:

- Kentucky Board of Licensed Professional Counselors
- Kentucky Association of Licensed Marriage and Family Therapists (KY LMFT Board)
- Kentucky Board of Licensure for Occupational Therapy (KBLOT)
- Kentucky Board of Alcohol & Drug Counselors
- Kentucky Board of Examiners of Psychology
- Kentucky Board of Social Work
- Kentucky Physical Therapy Association

**BAPTIST HEALTH PADUCAH
EDUCATION DEPARTMENT
2501 KENTUCKY AVENUE
PADUCAH KY 42003-3200**

Nonprofit Org
U.S. Postage Paid
Paducah, KY
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*Space is limited. To register, phone Sherry by
November 7th at 270.575.2723 or email
sjones@bhsi.com*

**Mail payment to:
Sherry Jones
Baptist Health Paducah
2501 Kentucky Ave.
Paducah, Ky. 42003**

Check payable to Baptist Health Paducah

*In the event of provider cancellation, all fees will be
refunded. Participants canceling registration within
three business days will be forfeited unless there are
exceptional circumstances. Cancellations made
November 6th or before will receive a full refund.*