



**Make an
appointment
today.**

Call The Woodland Group directly at
(859) 255-4864, extension 22.

To confirm your KMA membership, visit
members.kyma.org or email
member@kyma.org.

For more information:

Visit www.kyma.org/BeWellStayWellPHP



PHYSICIAN HEALTH PROGRAM

Kentucky Foundation
for Medical Care



Don't let life's stressors get in your way.

Physicians commonly find themselves under intense pressure from both everyday life situations, as well as the unique aspects of their profession.

To assist physicians in rural areas of Kentucky with addressing such issues, the Kentucky Medical Association (KMA)'s Be Well. Stay Well Physician Health Program provides up to **six free visits with a licensed therapist for KMA physician members** through The Woodland Group of Lexington. The Woodland Group has extensive experience working with physicians who are dealing with the normal issues every physician encounters throughout his or her career.

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For more information, visit www.kyma.org/BeWellStayWellPHP.



Virtual and confidential.

Visits are conducted remotely and kept completely confidential from anyone with KMA and/or the physician's practice or employer. The Woodland Group manages the administrative aspects of confirming KMA membership and no report is provided to KMA that contains any physician's name.

Personal and professional stress is normal, and getting help through the Be Well. Stay Well Physician Health Program is just a call away.

The Be Well. Stay Well Physician Health Program is provided by the Kentucky Medical Association (KMA), with a grant from the Kentucky Foundation for Medical Care (KFMC).