## RESOLUTION

Subject: Encourage the Use of Peer-Reviewed Research and Evidence-Based Practices as

the Foundation of Health Care Policy

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Referred to: Reference Committee

WHEREAS, prior KMA resolutions called for a reduction in "the burden of government and third-party regulation on medical practice and health insurance" to minimize intrusion into the physician-patient relationship, decrease costs and delays in the treatment of patients, and that "only physicians may determine medical necessity"; and

WHEREAS, where legislation regarding medical practice is not based on peer-reviewed evidence, it hinders the ability of physicians to "uphold professional autonomy and clinical independence and advocate for the freedom to exercise professional judgment in the care and treatment of patients without undue influence by individuals, governments or third parties" as outlined by the AMA Medical Code of Ethics<sup>2</sup>; and

WHEREAS, legislation has been passed in many states including Florida, Colorado, Pennsylvania, and New York that hinder physician ability to provide high quality care to patients<sup>3</sup>; and

WHEREAS, the American Academy of Family Physicians, the American Academy of Pediatrics, the American College of Obstetricians and Gynecologists, the American College of Physicians, and the American College of Surgeons have agreed that legislative interference in medicine weakens the patient-physician relationship and undermines patient autonomy<sup>4</sup>; now, therefore, be it

RESOLVED, that KMA affirms that the doctor-patient relationship is the bedrock on which safe and ethical medical care is provided, with decision-making between a physician and a patient private and specific to the patient's conditions; and be it further

RESOLVED, that KMA encourages the passage and implementation of laws, regulations, health codes, medical practice standards and institutional/corporate rules that are evidence-based with significant efficacy and value, as demonstrated by best available evidence, including peer-reviewed scientific literature; and be it further

RESOLVED, that KMA oppose criminal sanctions against physicians and other medical providers who deliver, and patients who receive, care that is evidence-based, and has significant efficacy and value, as demonstrated by the best available evidence, including peer-reviewed scientific literature; and be it further

RESOLVED, that KMA policy initially passed more than 10 years from the date of each KMA House of Delegates meeting will be automatically sunset each year, unless action is taken by the House of Delegates to reestablish the sunsetting policies.

## References:

- <sup>1</sup> Kentucky Medical Association House of Delegates. *KMA* Policy Manual. 2019; 31-32.
- <sup>2</sup> American Medical Association. *AMA Code of Ethics*; 2016. 6.
- <sup>3</sup> Cairney P, Oliver K. Evidence-based policymaking is not like evidence-based medicine, so how far should you go to bridge the divide between evidence and policy? *Health Research Policy and Systems*. 2017;15(1). doi:10.1186/s12961-017-0192-x
- Weinberger SE, Lawrence HC, Henley DE, Alden ER, Hoyt DB. Legislative interference with the patient–physician relationship. New England Journal of Medicine. 2012;367(16):1557-1559. doi:10.1056/nejmsb1209858
- <sup>5</sup> Crowley DM, Scott JT, Long EC, et al. Lawmakers' use of scientific evidence can be improved. *Proceedings of the National Academy of Sciences*. 2021;118(9). doi:10.1073/pnas.2012955118

## RELEVANT AMA AND AMA-MSS POLICY

## Regulatory Standards Should be Evidence-Based H-220.930

Our AMA will work through its representatives on the Joint Commission and with other deeming authorities and the Centers for Medicare & Medicaid Services to: (1) ensure that clinical standards imposed on health care institutions and providers be evidence-based with significant efficacy and value, as demonstrated by best available evidence; and (2) require that appropriate citations(s) from the peer reviewed scientific literature be appended to the documentation for every clinical standard imposed on health care institutions and providers.