



Discover advancements  
and explore the future  
of pediatric care.

2023

# Just for Kids<sup>SM</sup>

## Pediatric Symposium

**Friday, July 21, 2023**  
**7:45 a.m. to 4:30 p.m.**

Louisville Marriott East  
1903 Embassy Square Blvd.  
Louisville, Kentucky



Provided by:



NORTON  
Children's

## Agenda

- 7 a.m. Registration, breakfast, visit with exhibitors
- 7:45 a.m. Welcome and announcements
- 7:55 a.m. **Prepubertal Vaginal Bleeding**  
Yuan Yuan “Jackie” Gong, M.D.
- 8:30 a.m. **HIV in Adolescent Patients**  
Kristina K. Bryant, M.D.
- 9:05 a.m. **ENT Pearls for the Primary Care Provider**  
Swapna K. Chandran, M.D.
- 9:35 a.m. Break; visit with exhibitors
- 10 a.m. **Cutaneous Disease in Skin of Color: Guidance for Diagnosis and Management**  
Patricia S. Todd, M.D.
- 10:35 a.m. **Metabolic and Nutritional Bone Health**  
Prasanthi P. Gandham, M.D.
- 11:10 a.m. **Alternative Pain Management Options for Pediatrics**  
Danielle M. Graff, M.D.
- 11:45 a.m. Lunch; visit with exhibitors
- 12:45 p.m. **Panel Discussion: It’s No Fun Being an Adolescent**  
Brittany K. Badal, M.D., Katy Hopkins, Ph.D., Rachel Mattaline, LSCW
- 1:50 p.m. **Common Neurological Complaints**  
Cullen S. Marshall, M.D.
- 2:20 p.m. Break; visit with exhibitors
- 2:40 p.m. **What’s New in Pediatric Allergies**  
Stuart W. White, M.D.
- 3:15 p.m. **Eating Disorders: Diagnosis and Management**  
Andrea L. Krause, M.D.
- 3:55 p.m. **Amblyopia in Childhood**  
Mehmet E. Guner, M.D.
- 4:20 p.m. Closing
- 4:30 p.m. Adjournment

## Course materials

Presentation slides and symposium information will be available at [NortonCME.com](https://www.nortoncme.com). Select the “Conference Details/Presentation” option and then this activity or scan the QR code.



## Location and accommodations

The Louisville Marriott East is located at 1903 Embassy Square Blvd. in northeastern Louisville, Kentucky. Free parking is available adjacent to the hotel. A block of hotel rooms at a special conference rate of \$169 per night is available for symposium participants until June 29, 2023. Room reservations are the responsibility of the individual and may be obtained by visiting the link provided in your confirmation letter.

## Special needs

Norton Healthcare is committed to making this conference accessible to all individuals. At the time of registration, please describe any auxiliary aids or services (identified in the Americans with Disabilities Act) needed. Advance notification of any special needs helps us better accommodate your needs.

## Registration

Attendees: \$125  
Students/residents/fellows: \$45  
Retired attendees: \$45  
Norton Medical Group/Norton Children’s Medical Group employees: \$0

### *Norton Medical Group employees*

This symposium is free for physicians, nurse practitioners, physician assistants and nurses employed by Norton Medical Group practices. This includes Norton Children’s Medical Group, Norton Community Medical Associates and Norton Immediate Care Centers. Norton Medical Group has provided a grant that covers registration fees.

Final registration deadline: Wednesday, July 19, 2023

Three convenient ways to register:

1. Visit [NortonCME.com](https://www.nortoncme.com) and locate the activity by date.
2. Scan the QR code: 
3. Call **(502) 446-5955**.

## Confirmation and cancellation

All registrants will be sent a confirmation email at the time of registration. Confirmation letters also are available in your CME online account located at [NortonCME.com](https://www.nortoncme.com). The registration fee is refundable if canceled prior to Friday, July 14, 2023. As minimum guarantees are provided to the Marriott at this time, cancellations are not refundable after this date. Should the providers cancel this conference, registration fees will be reimbursed in full. However, Norton Healthcare is not responsible for any other costs incurred by the participant. To cancel, call **(502) 446-5955** or send an email to [cme@nortonhealthcare.org](mailto:cme@nortonhealthcare.org).



## Dear Colleague:

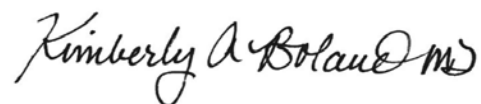
It is our privilege to invite you to participate in the seventh annual “Just for Kids” Pediatric Symposium. With the combined efforts of Norton Children’s and the University of Louisville School of Medicine, this symposium provides opportunities for outstanding continuing education and renewing the professional ties that bind our medical staffs locally and regionally.

Our planning committee has selected a variety of topics to meet the educational needs and practice challenges expressed by you and your peers. Content has been selected for its relevancy and timeliness for implementing into your practice. The symposium is designed to complement the content provided at the annual meeting of the Kentucky Chapter of the American Academy of Pediatrics.

This program demonstrates our collective dedication to excellence in lifelong learning and the ongoing pursuit of providing the highest-quality health care. We appreciate your support and shared commitment to strive for excellence and best practices of the physician’s art, setting the standard for quality and caring.

We look forward to seeing you.

### Course co-directors



**Kimberly A. Boland, M.D., FAAP**

Chief of Staff  
Norton Children’s Hospital  
Professor and Chair, Pediatrics  
Billy F. Andrews Endowed Chair of Pediatrics  
UofL School of Medicine



**Mark J. McDonald, M.D., FAAP**

Medical Director  
Norton Children’s Hospital and Norton Children’s Medical Center  
Professor  
Department of Pediatrics, Critical Care  
UofL School of Medicine



## Target audience, goal and statement of need

The goal of this activity is to bring together physicians, physician assistants, nurse practitioners, nurses, residents, students and other pediatric health care professionals to enhance provider competence and performance, and patient outcomes. Topics and speakers have been determined based on an analysis of physicians’ needs, current practice issues highlighting newly available medicines and technologies, and gaps our planning committee has determined to be important to today’s practice challenges. Further, needs have been correlated with the maintenance of certification requirements and competency areas outlined by the American Board of Medical Specialties and Accreditation Council for Graduate Medical Education.

This program will provide clinical updates on a variety of topics that commonly are seen in the treatment of pediatric patients in the primary care setting. In addition to updating attendees on clinical guidelines and best practices, presenters will include practice pearls that will be relevant to pediatricians in their own practice settings. Physicians will learn best practices for commonly seen diagnoses to create evidence-based strategies for improving patient care.

## Disclosure policy

Norton Healthcare adheres to the Kentucky Medical Association accreditation requirements, as well as the Standards for Integrity and Independence in accredited continuing education. During the planning process, all individuals in a position to control content (course directors, planners and presenters) must disclose all relevant financial relationships with ineligible companies and the nature of that relationship. This information is assessed by the Norton Healthcare Center for Continuing Medical, Provider & Nursing Education to ensure mitigation of identified conflicts prior to the activity. Relationships with ineligible companies will be disclosed to activity participants.

## Special thanks to the planning committee

Kimberly A. Boland, M.D., FAAP (*chief of staff, Norton Children’s Hospital; professor and chair of pediatrics, UofL School of Medicine*)

Karen Busse, M.S., CCMEC (*director, Norton Healthcare Center for Continuing Medical, Provider & Nursing Education*)

Becky S. Carothers, M.D. (*pediatrician, Norton Children’s Medical Group – Broadway*)

Stephen H. Church, M.D., FAAP (*pediatrician, East Louisville Pediatrics*)

Emily Garrison, MHA, CCMEC (*CME coordinator, Norton Healthcare Center for Continuing Medical, Provider & Nursing Education*)

V. Faye Jones, M.D., Ph.D., MSPH (*professor and associate division chief, UofL School of Medicine Department of Pediatrics*)

Mark J. McDonald, M.D., FAAP (*medical director, Norton Children’s Hospital and Norton Children’s Medical Center*)

Sally Sturgeon, DNP, R.N., SANE-A, AFN-BC (*clinical educator, Norton Healthcare Center for Continuing Medical, Provider & Nursing Education*)



## Local faculty



**Brittany K. Badal, M.D.**  
*Adolescent Medicine Physician*  
Norton Children's Medical Group –  
Novak Center



**Katy Hopkins, Ph.D.**  
*Pediatric Psychologist*  
Norton Children's Behavioral &  
Mental Health  
Affiliated with the UofL School of Medicine



**Kristina K. Bryant, M.D.**  
*Pediatric Infectious Diseases Physician*  
Norton Children's Infectious Diseases  
Affiliated with the UofL School of Medicine



**Andrea L. Krause, M.D.**  
*Pediatric Hospital Medicine Physician*  
Norton Children's Inpatient Care  
Affiliated with the UofL School of Medicine



**Swapna K. Chandran, M.D.**  
*Pediatric Otolaryngologist*  
Norton Children's ENT & Audiology  
Affiliated with the UofL School of Medicine



**Cullen S. Marshall, M.D.**  
*Pediatric Neurologist*  
Norton Children's Neuroscience Institute  
Affiliated with UofL School of Medicine



**Prasanthi P. Gandham, M.D.**  
*Pediatric Endocrinologist*  
Norton Children's Endocrinology  
Affiliated with the UofL School of Medicine



**Rachel Mattaline, LSCW**  
*Social Worker*  
Norton Children's Medical Group  
Affiliated with UofL School of Medicine



**Yuan Yuan "Jackie" Gong, M.D.**  
*Pediatric and Adolescent Gynecologist*  
Norton Children's Gynecology  
Affiliated with the UofL School of Medicine



**Patricia S. Todd, M.D.**  
*Pediatric Dermatologist*  
Norton Children's Dermatology  
Affiliated with UofL School of Medicine



**Mehmet E. Guner, M.D.**  
*Pediatric Ophthalmologist*  
Norton Children's Advanced Eye Care  
Affiliated with the UofL School of Medicine



**Stuart W. White, M.D.**  
*Pediatric Allergy and Immunology  
Physician*  
Family Allergy & Asthma



**Danielle M. Graff, M.D.**  
*Pediatric Acupuncture and Emergency  
Medicine Physician*  
Norton Children's Acupuncture  
Affiliated with the UofL School of Medicine

## Continuing education credits

### Physicians

AMA PRA Category 1 Credits™



**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Norton Healthcare and the University of Louisville School of Medicine Department of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

**Designation:** Norton Healthcare designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate the extent of their participation in the activity.

### ABP MOC Credits

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 6.0 MOC points in the American Board of Pediatrics (ABP) Maintenance of Certification (MOC) program. It is the CME provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABP MOC credit.



### American Academy of Family Physicians

The AAFP has reviewed 2023 "Just for Kids" Pediatric Symposium and deemed it acceptable for up to 6.00 Live AAFP Prescribed credits. Term of Approval is from 07/21/2023 to 07/21/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For questions related to continuing medical education, contact the Norton Healthcare Center for Continuing Medical, Provider & Nursing Education at (502) 446-5955 or [cme@nortonhealthcare.org](mailto:cme@nortonhealthcare.org).

### Nurses

Norton Healthcare Institute for Education and Development is approved with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). This continuing professional development activity has been approved for 6.0 contact hours. In order for nursing participants to obtain credits, they must claim attendance by attesting to the number of hours in attendance.

For more information related to nursing credits, contact Sally Sturgeon, DNP, R.N., SANE-A, AFN-BC, at (502) 446-5889 or [sally.sturgeon@nortonhealthcare.org](mailto:sally.sturgeon@nortonhealthcare.org).

