

TRAUMA INFORMED CARE: RESOURCE LIST

- ≈ Association between adverse childhood experiences in the home and pediatric asthma
<https://pubmed.ncbi.nlm.nih.gov/25843164/>
- ≈ Connecting to mental health resources: <https://www.kentuckypsychologicalfoundation.org/roadmap-to-behavioral-health>
- ≈ Adverse Childhood Experiences (ACEs) and toxic stress are a public health crisis.
<https://www.acesaware.org>
- ≈ Pediatric ACEs and Related Life Events Screener (PEARLS)
<https://www.acesaware.org/wp-content/uploads/2019/12/PEARLS-Tool-Child-Parent-Caregiver-Report-De-Identified-English.pdf>
- ≈ Adverse childhood experiences (ACEs) can have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. CDC works to understand ACEs and prevent them.
[Adverse Childhood Experiences \(ACEs\) \(cdc.gov\)](https://www.cdc.gov/aces/)
- ≈ My number story-How do your ACES affect you? Our ACE history counts experiences of abuse, neglect and household challenges that happened to us as children. But that number does not define us.
<https://numberstory.org/explore-your-number/>
- ≈ Pediatrician Nadine Burke Harris explains that the repeated stress of abuse, neglect and parents struggling with mental health or substance abuse issues has real, tangible effects on the development of the brain.
https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime
- ≈ National Traumatic Stress Network www.nctsn.org
- ≈ PACEs Connection is a social network that recognizes the impact of a wide variety of adverse childhood experiences (ACEs) in shaping adult behavior and health, and that promotes trauma-informed and resilience-building practices and policies in all families, organizations, systems and communities
[Home | PACEsConnection](https://www.pacesconnection.org/)
- ≈ HOPE National Resource Center offers research, resources, trainings and technical assistance to help bring the power of the positive into the lives of children and their families. <https://positiveexperience.org/>
- ≈ MD Update: Doctor Connie White talks about adverse childhood experiences and resilience
[Viewing Patients Through a Different Lens – MD Update \(md-update.com\)](https://www.md-update.com/viewing-patients-through-a-different-lens)
- ≈ A pioneering researcher and one of the world's foremost experts on traumatic stress offers a bold new paradigm for healing.
Bessel Van Der Kolk, MD; *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*; 2014; Viking
- ≈ Partnership for a Resilient Kentucky (PaRK) is a network dedicated to promoting positive childhood experiences and resilience across the lifespan and addressing the impact of adversity and trauma on individuals, families, and communities.
[Resilient-ky.org](https://resilient-ky.org)
- ≈ Find food assistance, help paying bills, and other free or reduced cost programs
findhelp.org