

RESOLUTION

Subject: Ban Over-the-Counter Kratom Sales

Submitted by: Monalisa Taylor, MD

Referred to: Reference Committee

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WHEREAS, Kratom is a herbal supplement derived from a tropical tree, *Mitragyna speciosa*, that has been used for centuries in Southeast Asia to alleviate pain, fatigue, and enhance mood; and

WHEREAS, Kratom has been marketed in the US as an over-the-counter supplement for similar uses, but there is limited scientific evidence to support its safety and efficacy, and concerns have been raised about its potential for addiction, abuse, and adverse effects, including seizures, liver damage, and death; and

WHEREAS, Kratom has many medical implications, including QT prolongation which can interfere with the normal rhythm of the heart, those with arrhythmias, or certain medications; and

WHEREAS, Kratom is not currently regulated by the Food and Drug Administration (FDA) and has not undergone clinical trials to determine its safety and effectiveness; and

WHEREAS, as of June 2023, there are 6 states that have bans against kratom sales: Alabama, Arkansas, Indiana, Tennessee, Vermont, and Wisconsin; now, therefore, be it

RESOLVED, that KMA support a ban on over-the-counter sales of Kratom in the Commonwealth of Kentucky; and be it further

RESOLVED, that KMA support increased education regarding the misuse and negative health effects of Kratom.