

RESOLUTION

Subject: Mental Health Support for Individuals with Skin-Related Disorders and Disabilities

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Referred to: Reference Committee

WHEREAS, individuals with dermatologic disorders frequently experience psychiatric comorbidities such as depression and anxiety, which can exacerbate their overall health burden^{1,2,3,4,5}; and

WHEREAS, the chronic and refractory nature of many dermatologic conditions can lead to persistent stress and reduced quality of life^{6,7,8}; and

WHEREAS, mental health screenings are essential for early identification and management of psychiatric comorbidities in patients with dermatologic conditions, improving overall patient outcomes^{9,10,11,12,13,14}; now, therefore, be it

RESOLVED, that KMA recognizes the unique burdens of dermatologic disorders due to the visibility of skin lesions, psychiatric and psychological comorbidities, and chronic, refractory disease course; and be it further

RESOLVED, that KMA supports offering mental health screenings during dermatological appointments to detect and address mental health concerns of patients with skin-related disorders and disabilities.

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