

Family Caregiver Support Program

The National Family Caregiver Support Program helps families with their roles as caregivers and the Kentucky Family Caregiver Program helps Kentucky grandparents care for grandchildren.

- Information and assistance with resources
- Counseling
- Support Groups
- Training
- Respite for caregivers
- Funding to help provide personal care needs and supplies to aid the caregivers

Senior Community Service Employment Program (SCSEP)

SCSEP provides training and part-time employment opportunities to low-income people age 55 and older and a Kentucky resident with an income at or less than 125 percent of the poverty level. Participant benefits include:

- Earned income
- Training and experience to develop employment skills
- Annual physical exams
- Ability to obtain unsubsidized employment
- Social and physical activities
- Engagement in activities that support independence

State Health Insurance Program

1 (877) 293-7447

The State Health Insurance Assistance Program (SHIP) is a statewide program that provides free and objective counseling and assistance to people with questions or problems regarding Medicare and other related health insurances. SHIP operates through the state's Area Agencies on Aging and Independent Living.

- One-on-one counseling
- Presentations to community groups
- Printed education information
- Referral / connections to other agencies

Kentucky Department for Aging and Independent Living



TEAM
KENTUCKY®

CABINET FOR HEALTH
AND FAMILY SERVICES

**Department for Aging and Independent
Living**

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<http://chfs.ky.gov/dail>

This project is funded with funds from the Administration on Community Living, U.S. Department of Health and Human Services

The Department for Aging and Independent Living (DAIL) oversees administration of statewide programs and services on behalf of Kentucky's elders and individuals with disabilities. In partnership with Kentucky's Area Agencies on Aging and Independent Living, Community Mental Health Centers, Centers for Independent Living and other community partners, DAIL provides leadership and addresses issues and circumstances that stand in the way of elders and individuals with disabilities achieving the best possible quality of life.

Aging and Disability Resource Center (ADRC)

The Aging Disability Resource Center (ADRC) streamlines access to long-term care and serves as a visible and trusted resource available in every community across the commonwealth. People of all ages, incomes and disabilities can receive information on a full range of long-term support options including:

- Benefits counseling
- Coordination of Care
- Transition Assistance from Long Term Care
- Screening for eligibility or programs



Waiver Medicaid Programs

1 (877) 315-0589

Participant Directed Services (PDS) allows eligible Medicaid waiver members to choose their own providers for non-medical and non-residential services. The Home and Community Based Waiver (HCB) is a PDS Service designed to target assistance with those who have aging and/or physical disabilities.

- Case Management
- Help with home making and personal care
- Home Delivered Meals



Senior Nutrition Program

The Senior Nutrition Program provides one nutritionally balanced home-delivered or congregate dining-style meal per day. Additional services include nutrition screening, education and counseling.

Persons 60 or older and their spouses, regardless of age, are eligible to participate in congregate nutrition services.

Home-delivered meals are provided to persons age 60 or older who, due to illness or incapacitating disability, are unable to attend a congregate site and have no one in the home able to prepare a nutritious meal on a regular basis

Office of Dementia Services

The Office of Dementia Services (ODS) oversees the administration of statewide programs and services and manages policy information and resources affecting residents in Kentucky with dementia, their caregivers and families

In-Home Services

In-home services and the Homecare program provide in-home services for individuals 60 and older with functional disabilities who are at-risk for requiring long-term, institutional care.

- Case Management
- Assessment
- Nutritional Risk Assessment and referral for high risk
- Home Health Aides
- Home Delivered Meals
- Nutrition Education
- Bathing
- Housekeeping
- Heavy Cleaning
- Minor Home Repair
- Respite for caregivers
- Transportation
- Safety and wellness checks



Personal Care Attendant and Hart-Supported Living Programs

These programs help by subsidizing or providing flexible funding for disabled Kentuckians to help them live independently in their homes and communities.