



Kentucky Physicians:
Leading With Every Step

2025 KMA ANNUAL MEETING | AUG. 22-23 | LOUISVILLE MARRIOTT EAST

EDUCATIONAL SESSIONS



NUTRITIONAL STRATEGIES FOR POSITIVE HEALTH OUTCOMES

Sara Police, PhD
University of Kentucky



THE PSYCHOLOGY OF FORMING HABITS

Geoff Wilson, LCSW, LCADC, CCS



SMALL STEPS BIG IMPACT

PANEL DISCUSSION



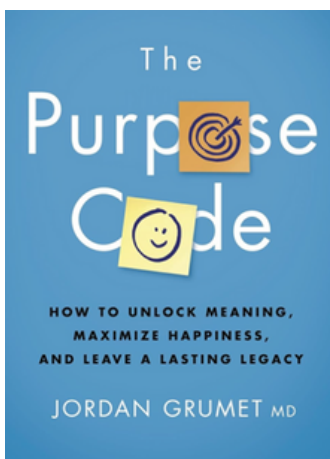
SUSAN BUSHELMAN, MD



LESLEY KELLIE, DO



HAIDER ABBAS, MD



KEYNOTE SPEAKER JORDAN GRUMET, MD

