

RESOLUTION

Subject: Eliminate Taxation on Menstrual Products

Submitted by: Monalisa Tailor, MD

Referred to: Reference Committee

WHEREAS, menstrual products, including sanitary pads, tampons, and other hygiene supplies, are essential items necessary for basic health, hygiene, and dignity; and

WHEREAS, menstruation is a normal physiologic process experienced by a substantial portion of the population over decades of life, requiring consistent access to menstrual hygiene products; and

WHEREAS, sales taxes on menstrual products increase financial barriers to access, disproportionately affecting low-income individuals and contributing to “period poverty,” which has been associated with missed school, missed work, and adverse health outcomes; and

WHEREAS, major medical and public health organizations, including the American Medical Association, have recognized menstrual products as essential health items and have called for the elimination of sales taxes on these products; and

WHEREAS, numerous jurisdictions domestically and internationally have taken steps to remove taxes on menstrual products as part of broader efforts to promote menstrual equity and public health; and

WHEREAS, improving access to affordable menstrual products supports health, educational attainment, workforce participation, and overall well-being; now, therefore, be it

RESOLVED, that KMA supports the elimination of state and local sales taxes on menstrual products; and be it further

RESOLVED, that KMA recognizes menstrual products as essential health and hygiene items rather than luxury goods; and be it further

RESOLVED, that KMA advocates for policies that reduce financial barriers to menstrual product access.